



INTERNATIONAL DELHI PUBLIC SCHOOL **AFFILIATED TO CBSE** CBSE CODE - 730102



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"If you want something said, ask a man; If you want something done, ask a women." Margaret Thatcher.

As we know very well that the status of women in ancient time was as same as the men. During the mediaeval period, it goes to low points. In modern time women have held the high position from Prime Minister to astronauts as Razia Begum, Kalpana Chawla, Kiran Bedi, Indra Gandhi, Mary Kombucha and Saina Mirza etc. It is said that women are the backbone of any society, so we should develop them from the beginning. But the question arises: Are women become really strong? And long term struggle has ended? Many programmes have been implemented and run by the government such as International Women's Day, Mother's Day etc. in order to bring awareness in the society about the true rights and value of the woman in the development of the nation. Women need to be progressed in the numbers of the sphere. The real meaning of the women empowerment is to make them well educated and leave them free so that they can become capable to take their own decisions in any field. Women in India are always subjected to the owner killing, ill-treated, victim of violence, etc. It is the responsibility of every male to take care of the women as they play a very important role in the betterment of society and the world. It is nicely said:

"Once a woman is on the move,
the whole family moves,
then the village moves,
at last the nation also moves."



MS. HARLEEN KAUR CHADHA
Speaker, Coach, Educator, Emcee,
Mentor OPOIE -An IIM Initiative

STRENGTHENING RELATIONSHIPS

"Change is the only constant" and unless you are prepared, it catches you stumbling, like the stunning lockdown which swept the entire globe. Endless questions, diverse answers. World has a time segregation point now - Pre and Post Covid.

The river before entering the sea, trembles with fear;
To go back is impossible and in front is the vast ocean;
But the river chooses the risk of going ahead;

Because it believes that instead of disappearing, it will become the ocean itself. Amidst all this, relationships have been redefined. Lock-down rather proved to be a blessing in disguise. Pondering over the complex dynamics of relationship webs, interwoven with misunderstandings, heartaches, ego and plethora of stresses, I felt the need to express on strengthening relationships taking the first step towards rebuilding, recharging and reconstructing with a renewed zeal and determination to survive together.

9 C's to Strengthen Relationships...



Ms. Zabby Sharma
Psychic, Healer, Life Coach,
Numerologist & a Tarot Card Reader

EMOTIONS EFFECT ON YOUR BODY

In today's world where too much health issues and mental instability is increasing a lot. We need to understand how we are unknowingly creating it. Our body listens to our emotions as a language and it reacts to it. There are two types of emotions, first is high frequency emotions which generate high frequency energy, these emotions are like Happiness, contentment, gratitude, compassion and the second is low frequency emotions which create very low frequency energy, these emotions are like sadness, unkindness, grief, jealousy, anger these emotions generate a huge amount of low frequency of energy. The higher frequency energy helps body to heal and radiate good health on the other side lower frequency emotions effect each cell of our body and each organ, if we don't stop it on time it may convert into a big disease later. Only way to stop it is to be aware of your emotions, it's ok to feel all emotions but be careful while staying in lower emotional state for long, we must check our state of mind everyday after few hours, so we are aware what state we are living in and at the right time we can change it immediately. It's in your hand what you choose, always choose your peace of mind and happiness. Awareness is the key to it.

Raja Ram Mohan Roy

Ram Mohan Roy, Ram Mohan also spelled Rammohun, Rammohan, or Ram Mohun, (born May 22, 1772, Radhanagar, Bengal, India—died September 27, 1833, Bristol, Gloucestershire, England), Indian religious, social, and educational reformer who challenged traditional Hindu culture and indicated lines of progress for Indian society under British rule. He is sometimes called the father of modern India.

Early life: He was born in British-ruled Bengal to a prosperous family of the Brahman class (varna). Little is known of his early life and education, but he seems to have developed unorthodox religious ideas at an early age. As a youth, he traveled widely outside Bengal and mastered several languages—Sanskrit, Persian, Arabic, and English, in addition to his native Bengali and Hindi. Roy supported himself by moneylending, managing his small estates, and speculating in British East India Company bonds. In 1805 he was employed by John Digby, a lower company official who introduced him to Western culture and literature. For the next 10 years Roy drifted in and out of British East India Company service as Digby's assistant.

Roy continued his religious studies throughout that period. In 1803 he composed a tract denouncing what he regarded as India's superstition and its religious divisions, both within Hinduism and between Hinduism and other religions. As a remedy for those ills, he advocated a monotheistic Hinduism in which reason guides the adherent to "the Absolute Originator who is the first principle of all religions." He sought a philosophical basis for his religious beliefs in the Vedas (the sacred scriptures of Hinduism) and the Upanishads (speculative philosophical texts), translating those ancient Sanskrit treatises into Bengali, Hindi, and English and writing summaries and treatises on them. The central theme of those texts, for Roy, was the worship of the Supreme God who is beyond human knowledge and who supports the universe. In appreciation of his translations, the French Société Asiatique in 1824 elected him to an honorary membership.

In 1815 Roy founded the short-lived Atmiya-Sabha (Friendly Society) to propagate his doctrines of monotheistic Hinduism. He became interested in Christianity and learned Hebrew and Greek in order to read the Old (see Hebrew Bible) and New Testaments. In 1820 he published the ethical teachings of Christ, excerpted from the four Gospels, under the title Precepts of Jesus, the Guide to Peace and Happiness.

Social and political activism: In 1823, when the British imposed censorship upon the Calcutta (Kolkata) press, Roy, as founder and editor of two of India's earliest weekly newspapers, organized a protest, arguing in favour of freedom of speech and religion as natural rights. That protest marked a turning point in Roy's life, away from preoccupation with religious polemic and toward social and political action. In his newspapers, treatises, and books, Roy tirelessly criticized what he saw as the idolatry and superstition of traditional Hinduism. He denounced the caste system and attacked the custom of suttee (ritual burning of widows upon the funeral pyres of their deceased husbands). His writings emboldened the British East India Governing Council to act decisively on the matter, leading to the prohibition of suttee in 1829.

In 1822 Roy founded the Anglo-Hindu School and four years later the Vedanta College in order to teach his Hindu monotheistic doctrines. When the Bengal government proposed a more traditional Sanskrit college, in 1823, Roy protested that classical Indian literature would not prepare the youth of Bengal for the demands of modern life. He proposed instead a modern Western curriculum of study. Roy also led a protest against the outmoded British legal and revenue administration in India.

In August 1828 Roy formed the Brahmo Samaj (Society of Brahma), a Hindu reformist sect that utilized Unitarian and other liberal Christian elements in its beliefs. The Brahmo Samaj was to play an important part, later in the century, as a Hindu movement of reform. In 1829 Roy journeyed to England as the unofficial representative of the titular king of Delhi. The king of Delhi granted him the title of raja, though it was unrecognized by the British. Roy was well received in England, especially by Unitarians there and by King William IV. Roy died of a fever while in the care of Unitarian friends at Bristol, where he was buried.

Roy's importance in modern Indian history rests partly upon the broad scope of his social vision and the striking modernity of his thought. He was a tireless social reformer, yet he also revived interest in the ethical principles of the Vedanta school as a counterpoise to the Western assault on Indian culture. In his textbooks and treatises he contributed to the popularization of the Bengali language, while at the same time he was the first Indian to apply to the Indian environment the fundamental social and political ideas of the French and American revolutions.

New Cabinet Minister of India

NAME	MINISTRY	NAME	MINISTRY
1. Shri Narendra Modi	• Prime Minister	10. Dr. Subrahmanyam Jaishankar	• Ministry of External Affairs
	• Ministry of Personnel, Public Grievances, and Pensions	11. Shri Ramchandra Prasad	• Ministry of Steel
	• Department of Space	12. Shri Arjun Munda	• Ministry of Tribal Affairs
	• Department of Atomic Energy	13. Smt. Smriti Zubin Irani	• Ministry of Women and Child Development
	• All important policy issues and all other portfolios not allocated to any Minister	14. Mansukh Mandaviya	• Ministry of Health and Family Welfare
		15. Shri Ashwini Vaishnav	• Ministry of Chemical Fertilizers
		16. Shri Piyush Goyal	• Ministry of Railways
			• Ministry of Communications
			• Ministry of Electronics and Information Technology
			• Ministry of Textiles
2. Shri Amit Shah	• Ministry of Home Affairs		• Ministry of Commerce and Industry
	• Ministry of Cooperation		• Ministry of Consumer Affairs, Food and Public Distribution
3. Shri Rajnath Singh	• Ministry of Defence		• Ministry of Education
4. Shri Nitin Jairam Gadkari	• Ministry of Road Transport and Highways	17. Shri Dharmendra Pradhan	* Ministry of Skill Development and Entrepreneurship
5. Shri Narayan Tatu Rane	• Ministry of MSME		• Ministry of Minority Affairs
6. Smt. Nirmala Sitharaman	• Ministry of Finance	18. Shri Mukhtar Abbas Naqvi	• Ministry of Parliamentary Affairs
	• Ministry of Corporate Affairs	19. Shri Pralhad Joshi	• Ministry of Coal
7. Shri Narendra Singh Tomar	• Ministry of Agriculture & Farmers Welfare		• Ministry of Mines
8. Shri Sarbananda Sonowal	• Ministry of Ports, Shipping and Waterways		• Ministry of Civil Aviation
	• Ministry of AYUSH		
9. Dr. Virendra Kumar	• Ministry of Social Justice and Empowerment.	20. Shri Jyotiraditya M. Scindia	

A Momentary view of Activities

Opening Ceremony of Rope Skipping Competition



Closing Ceremony of Rope Skipping Competition



A Momentary view of Activities

Father's Day Celebrations

"My father gave me the greatest gift anyone could give another person, he believed in me."



A Momentary view of Activities

Father's Day Celebrations

"Dad - a son's first hero, a daughter's first love."

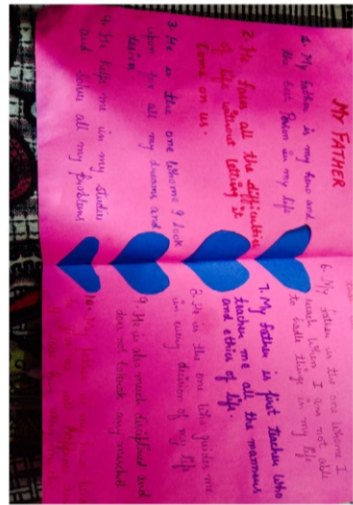


A Momentary view of Activities

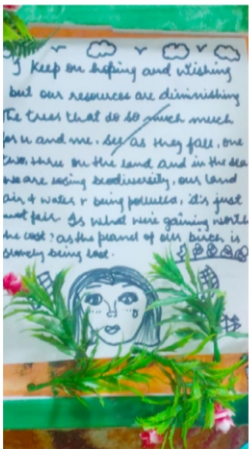
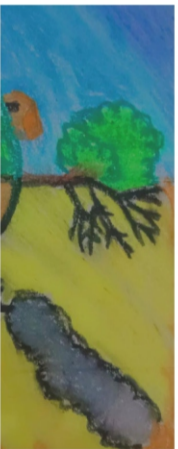
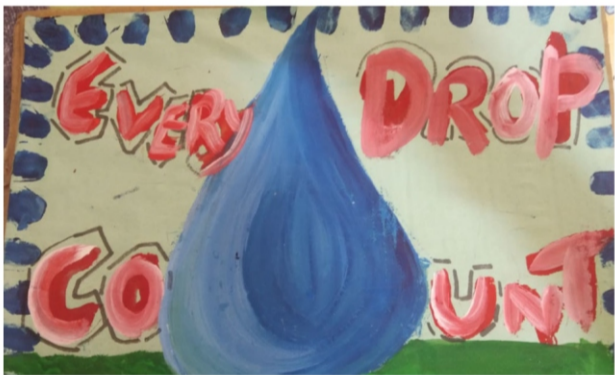
Father's Day Celebrations

"A father is the one friend upon whom we can always rely."

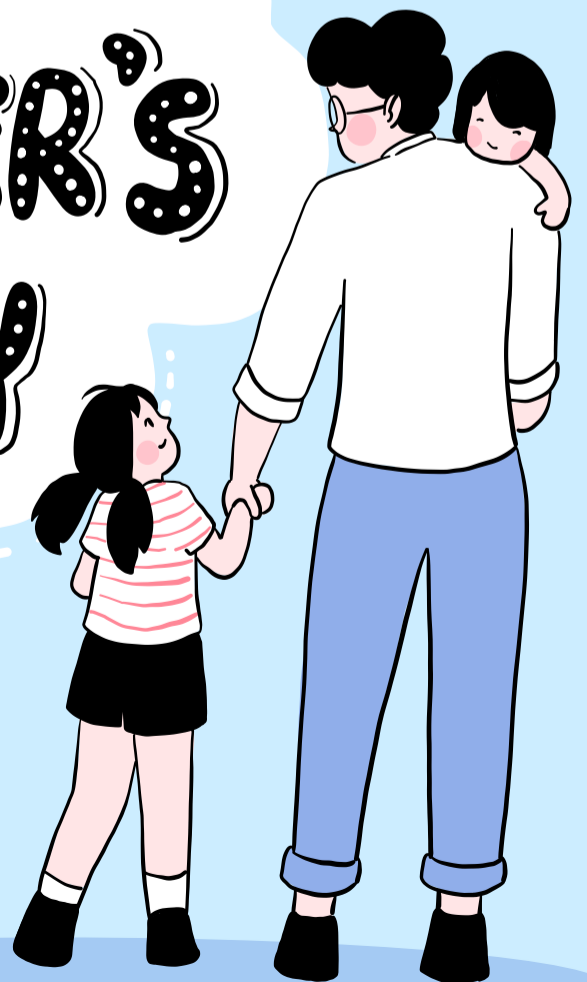




Artistry of IDPIANS



Happy FATHER'S DAY



Healthy & Unhealthy Eating Habits

Children's eating habits and their food consumption have direct relations with obesity, diabetes, cancers, hypertension and coronary heart disease. Television advertisements directly affect children's eating habits and their food consumption. This report was made in order to find out the influence of advertisement on television on eating habits of small children. I developed a questionnaire in order to examine children's eating habits and food consumption while watching television. I interacted with children aged between 5 - 7 years. When the results of the study were examined it was found that the time devoted to children's programs was approximately 130 min and the advertisements during this period were approximately 40 min. A total of 344 of the 775 television advertisements shown were related to food. I also found that most of the food advertisements were about candy/chocolate, chips, milk and milk products such as cheese, yoghurt, and breakfast cereals. The results also revealed that 89.6% of the children either drank or ate something while watching television and the food they consumed most while watching television were fruits, soft drinks, popcorn/nuts, cake, chips and candy/chocolate. The results also revealed that 40.3% of the children asked their parents to purchase the goods that they saw on the television advertisements and that 8.9% of them argued with their parents and/or cried in order for their parents to buy that particular product. It was found that the children tended to request more sweetened products such as candy, ice-cream, biscuit, cake or soft drinks. More than

half of the foods presented in television advertisements were rich in fat and sugar. Children ask their parents to buy the goods they see on television advertisements while watching television. Television advertisements especially affect young children's unhealthy food consumption.

With the help of following steps we can made children aware of the difference between eating healthy and unhealthy food:-

Kids need to know that every food they put into their bodies



nts can get that message across by talking with kids about the food they put in their bodies, why it matters, and how they can learn to make the healthiest choices.

Not just a rule, but a routine: Make sure healthy foods are the default setting for your family's meals, and get everyone involved in choosing some nutritious, tasty options. Take kids with you to the grocery store or farmers market. Younger kids can pick out fresh fruits and veggies. Older kids can take

on larger roles like choosing recipes and making a shopping list.

Show kids what "eating right" looks like: Explain that they should fill half their plate with fruits and veggies that have nutrients that will help their bodies grow. The other half should be whole grains and lean protein that gives them energy to run, dance, and play. When you're cooking or grocery shopping, show them different examples of these key food groups.

Avoid calling foods "good" or "bad.": Kids should learn that all foods have a place in their diet. Label foods as "go," "slow," or "whoa." Kids can "green light" foods like whole grains and skim milk they should have every day and

"slow down" with less healthy foods like waffles. Foods with the least nutrition, such as French fries, don't need to be off limits, but kids should stop and think twice before they eat them often.

Talk about portion size: It's not just what kids eat that matters, but how much. Even very young kids can learn that the amount of rice or pasta they eat should match the size of their fist. Protein should be palm-sized, and fats like butter or mayonnaise about the tip of their thumb. When you buy packaged foods, have kids help you find the serving size. Then talk about why sticking to it is a

good idea.

Limit sweets: Explain to older kids that while candy and cookies taste good, sugar can do their body more harm than good. (You can tell younger kids that too many sweets will make them feel "yucky.") Then, offer fresh fruit for desserts and limit treats to two or three times a week to keep cravings for sweets in check.

Help kids stay in touch with their "hunger cues.": We're born knowing to eat when we're hungry and stop when we're full. But that's easy to ignore when you're surrounded by snacks and giant portions. To help kids listen to their bodies, don't push them to have "one more bite" or clean their plate. Turn off screens during meals, too.

They distract kids from paying attention to how much they're eating and when they've had enough.

Model good eating habits: If you push your kids to eat broccoli but never touch it yourself, you might need to take a closer look at your diet. Every bite you take matters. Role modeling is one of the best ways to get your children onboard with healthier eating.

Eat dinner as a family: Kids who eat meals with their family are more likely to eat healthy fruits, veggies, and whole grains. You don't need to lecture about nutrition while you eat. Make meals together fun. Turn on some music, choose silly games to play, or let kids invite a friend.

Check in with your family doctor: If you think your child needs to lose or gain weight, don't put them on a diet. Instead, speak to their doctor.

International Yoga Day

YOGA IS THE JOURNEY OF THE SELF, THROUGH THE SELF, TO THE SELF. Yoga has always been the foundation of well being. It helps in keeping our mental and physical health intact. It helps us to connect to nature. Furthermore, your body becomes more flexible after consistent yoga practice and you also develop a great sense of self-discipline and self-awareness. In short, it improves our well-being and gives us better mental clarity. THE IDPS FACULTY and IDPIANs embraced yoga to enhance the mental, physical and spiritual well being on this International Yoga Day.



LET'S QUIZ AROUND

1. Ant rubber, Pitcher and Home run are the terms associated with the game of-
2. Waca cricket ground is located in -
3. FIFA is the global regulatory body of -
4. The term Dolphin Kick is associated with -
5. Which football club wins FIFA Club World Cup 2020?
6. Who has become the first Indian fencer to qualify for Tokyo Olympic Games?
7. Grand Slam tournaments are operated by -
8. IPL stands for -
9. Who was the first Indian Woman to get an Olympic medal?
10. Who won the Women Singles title in the US Open Tennis Tournament 2018?

ANSWERS:

- | | |
|---|---------------------------|
| Q1. Baseball | Q8. Indian Premier League |
| Q2. Perth | Q9. Karnam Malleswari |
| Q3. Football | Q10. Naomi Osaka |
| Q4. Swimming | |
| Q5. Bayern Munich | |
| Q6. Bhavani Devi | |
| Q7. The International Tennis Federation The (ITF) | |



AMAZING FACTS

TONGUE PRINTS

Not only does everyone have unique fingerprints, but humans also have unique tongue-prints.

HUMAN BRAIN

The average brain weighs about three pounds. A newborn brain weighs about 3/4 of a pound.

NOSE & EARS

Your nose and ears never stop growing.

CELLS

A human body contains almost 100 trillion cells.

FINGER NAILS

Fingernails can grow 4x faster than toenails.

EYELASHES

Eyelashes live for about 150 days before falling out.

Fabled First
SIR OSBORNE ARKELL SMITH

Sir Osborne Arkell Smith, KCSI, KCIE (26 December 1876 – 30 August 1952) was the first Governor of the Reserve Bank of India, a post he held from 1 April 1935 to 30 June 1937. Smith was a professional banker who served for 20 years with the Bank of New South Wales and 10 years with the Commonwealth Bank of Australia. He then came to India in 1926 as Managing Governor of the Imperial Bank of India. He was knighted in March 1929, and was invested with his knighthood by the Governor-General of India, Lord Irwin, at the new Viceroy's House in New Delhi on 27 February 1930. Smith was further appointed a KCIE in the 1932 New Year Honours list and appointed a KCSI in February 1937. His stewardship of the Imperial Bank won him recognition in banking circles in India. Since his outlook on policy issues like the exchange rates and interest rates differed with that of the Government, he resigned before the completion of his term of office. Sir Osborne did not sign any Indian rupee notes during his tenure.

QUOTE

Dalai Lama
The purpose of our life is to be happy.

KAVYA VIGNESH

Twelve-year-old Kavya Vignesh hopes to save bees from going extinct. The Delhi girl and her team built a bee saver bot, nicknamed 'Lightning McQueen', on the Lego Mindstorms EV3 robotics kit. This solution can save millions of bees from getting hurt and actually relocate them back to bee farms from where they can be back on the fields where they contribute so much to our food chain. The young inventors, who call themselves Super califragilistic expialidocious, was India's youngest ever team to qualify for the First Lego League - European Open championship in Aarhus in May. The team won second place in the European Robotics Competition. Kavya and her team will be a part of the FLL, a robotics competition where almost 200,000 children aged between 9 and 16 years from 60 countries will participate. National competitions are held in each country. Winners from the national competition are selected for the international competition where teams from across the globe are pitted against each other. Kavya and her team made it to the top eight and were the youngest team on the list. Now, they will represent India at the FLL-EOC competition to be held in Denmark.

WORD MEANING

famished
/ˈfæmɪʃt/

(adjective) extremely hungry

"Have some dinner with us - you must be **famished!**"

"Isn't dinner ready? I'm **famished.**"

WORD:- FAMISHED
MEANING:- EXTREMELY HUNGRY
SENTENCE:- I am famished, Is there anything to eat?

SCRABBLE

P	S	L	E	A	E
M	U	T	E	N	I
D	E	N	D	H	A
A	T	I	L	E	R
T	T	P	O	U	U

QUIZ

- Which is the tallest mountain in the world?
- Which planet has the giant red spot?
- Which is the largest plateau in the world?
- Which two parts of the body continue to grow for your entire life?
- What makes up (approx.) 80% of our brain's volume?
- Which structure of the eye is the most sensitive but contains no blood vessels?

1. MOUNT EVEREST
2. JUPITER
3. TIBETAN PLATEAU
4. NOSE AND EARS
5. GLIAL CELLS
6. CORNEA

COLOURING PICTURE

Current Affairs

1. India ranks 10th in Cybersecurity Index

India has been ranked at 10th position in the cybersecurity index. Key points India was ranked ahead of China (No. 33) and Pakistan (No. 79) in global cybersecurity ranking of countries. India has improved its ranking from 47 to 10 in United Nation's ITU Global Cybersecurity Agenda (GCA)

2. Russia begins construction of 5th Nuclear Power Unit at Kudankulam

Russia started construction of fifth nuclear power unit at Kudankulam in Tamil Nadu on June 29, 2021. Key points This development is a significant step in bilateral relation between both the countries. Rosatom (a Russian company) is providing technology to construct the Kudankulam plant. This plant has six units each having 1,000 MWe generation capacity.

3. NASA to create computer models to protect delta system

NASA Scientists and scientists from other universities from Boston to California are aiming to create computer models which can be used with satellite data to learn which parts of their dwindling deltas can be shored up and which deltas are past hope.

4. P. Sainath awarded 2021 Fukuoka Prize

Noted journalist, P. Sainath, was selected as one of the three recipients of Fukuoka Prize 2021. Key Points Sainath will receive 'Grand Prize' of Fukuoka Prize. Academic Prize will go to Prof. Kishimoto Mio of Japan. Prize for Arts & Culture will be given to filmmaker Prabda Yoon of Thailand.

5. China starts Baihetan Hydro Project

China operationalised the two units of giant Baihetan hydropower plant, which is the largest hydro project under construction worldwide on June 28, 2021. Key Points Yangtze river in southwest China generated electricity for the first time.

6. UK bans World's Largest Crypto Exchange

Britain's financial regulator, Financial Conduct Authority (FCA), has banned world's largest cryptocurrency exchanges, Binance. Key Points Binance cannot conduct any regulated activity as it will come under growing scrutiny globally. What is the issue? Binance Markets was acquired by Binance company in 2020. It was not using regulatory permissions

7. Indian Private players allowed to build and operate rocket launch sites

Government has allowed private companies to establish & operate rocket launch sites within and outside the country. However, it is subject to prior authorisation from government. Key Points Draft National Space Transportation Policy-2020 which was put forward by the Department of Space and IN-SPACe is the nodal agency responsible for overall approval.

8. Goa: First Rabies-free state

Goa has become the first Rabies-free state of India. According to Chief Minister, Pramod Sawant, state has not reported a single rabies case in last three years. Highlights Chief Minister highlighted; Goa has achieved 5,40,593 vaccinations against rabies in dogs. State has also educated nearly a lakh people about dog bite prevention.

9. DRDO successfully test fires enhanced Pinaka Rockets

Defence Research and Development Organisation (DRDO) has successfully test fired an extended range version of "Pinaka" rocket. Test fire was carried at Integrated Test Range (ITR) in Chandipur, Odisha on June 25. Highlights DRDO test-fired 25 Enhanced Pinaka Rockets in quick succession against targets at different ranges.

10. Smart City Awards, 2020

Smart City Awards 2020 was announced under the 'Smart Cities Mission' on June 25. Which state is the winner? Uttar Pradesh was ranked as top performing state under India Smart Cities Award Contest 2020. Madhya Pradesh came second while Tamil Nadu at third position. Surat and Indore won best award for their overall performance.

11. India's First IAC to be commissioned in 2022

According to Defence Minister Rajnath Singh, India's first Indigenous Aircraft Carrier (IAC) named 'INS Vikrant' (meaning courageous) will be commissioned in 2022. Key Points Defence Minister described this achievement as India's pride and a shining example of Atmanirbhar Bharat. Commissioning of IAC will be befitting tribute to India's 75th year of India's independence

12. China plans First Manned MARS Mission in 2033

China has planned to send its first crewed mission to MARS in the year 2033. Key points Manned MARS Mission will be launched with regular follow-up flights. Mission will be launched with a long-term plan to build a permanently inhabited base on MARS and extract its resources.

13. CEOS COAST: ISRO- NOAA Project endorsed by UN Body

UN body has endorsed a multinational project called "Committee on Earth Observation Satellites Coastal Observations, Applications, Services, and Tools (CEOS COAST)". About CEOS COAST CEOS COAST programme is co-led by ISRO and NOAA from US. This programme aims to improve accuracy of coastal data on the basis of satellite and land-based observations

14. World's first GM Rubber planted in Assam

Rubber Board has started field trial of world's first GM (genetically modified) rubber in the state of Assam. Key Points GM Rubber was developed in biotechnology laboratory at Rubber Research Institute of India (RRII) in Puthuppally, Kottayam

15. Veteran Athlete Milkha Singh passes away

Indian Athlete Milkha Singh passed away at the age of 91 due to Covid-19 related complications on June 18, 2021. Captain Milkha Singh, known as The Flying Sikh, was an Indian track and field sprinter. He was introduced to sport while serving the Indian Army

16. New Zealand to launch World's First Wooden Satellite

European Space Agency (ESA) will launch world's first wooden satellite called WISA Woodsat in Earth's orbit by the end of 2021. WISA Woodsat will be launched to test the applicability of wooden materials such as plywood in spacecraft structures. Mission will expose wooden materials to extreme space conditions like heat, cold, vacuum and radiation.

The Fox and the Grapes



It was a sunny day and fox was walking across the fields. Soon he came to a vineyard.

As he came nearer, he could see some bunches of juicy grapes.

The fox looked carefully around him. He had to make sure that he was safe from the hunters.

He decided to steal some before anyone came along.

He jumped upwards but he could not reach the grapes. He jumped

again as high as he could. He still could not reach them. The grapes

were just too high for him!

He was not ready to give up. He backed off, took some running steps

and leapt into the air towards the grapes. Again he failed to reach them.

It was getting dark, and he was getting angry. His legs hurt with all

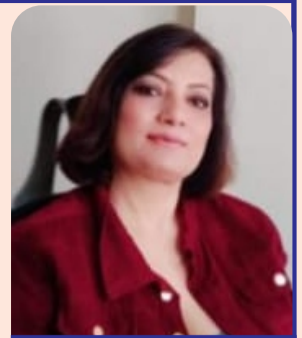
that running and jumping. At last he stopped trying.

As he walked away, he said to himself, "I don't really want those

grapes. I'm sure they are too sour to eat."

Moral: Sometimes when we cannot get what we want, we pretend that it is not worth having.

A Moral Story



MS. Sumi Sahi
DIRECTOR, COSMIC VASTU
SOLUTIONS & EDUCATIONIST

Once upon a time in the 90's when there were no cellphones, lived a captain named Eugene, who well, liked wearing jeans ! He was the captain of a beautiful ship in which he loved to make long trips. One fine, bright-sunny day, he took his ship with all the passengers and was out and about sailing in the great Pacific Ocean, singing the song, "aye captain Ahoye!" Inside the ship, the ladies were dressed Beautifully however they wanted to and the men were there too, everybody singing and dancing Merrily! Suddenly the dogs on the deck started barking uncontrollably and people started noticing the change in the winds ! Meanwhile Eugene the captain was having a piece of his favourite cake, unaware of what the future holds and what is at stake !

Suddenly the sky that was blue turned grey as if the waves in the ocean wanted a prey ! There was lighting and thunder so strong, something people hadn't seen from very long! The ship became unstable and there was chaos everywhere, there were life boats so people started rushing towards them, some got away, some didn't, it was all in despair ! Meanwhile Eugene the captain had the option of escaping his own inevitable death, but he chose to stay with the one thing he loved the most, his ship and didn't care about his own life and his breath!

In a few minutes the ship got wrecked, those who escaped thanked their lucky stars and continued with their ocean trek! Sudden turn of events lead Eugene, who was unconscious on a piece of wood, to float onto an inhabitant island ! The Strom that roared like a beast started calming down like the magic of some priest ! As the waves crashed on Eugene's bare feet, he started to gain his concious only to see that he was surrounded by wildlife and there was nothing concrete !

He was quick witted so he knew he had to somehow survive, he started collecting wood and went out in the dense jungle to hunt for food, hoping that one day, help in the form of another ship passing by or a plane, would arrive ! A month passed by, slowly and steadily, he built a tiny hut for himself, managed to get food on somedays, somedays he slept hungry, but he was so strong willed that he didn't give up as he wanted to stay alive! One day he was parched, so he went to get some coconut water for himself and suddenly heard a strange noise and it wasn't the usual island chirping. His heart started pounding with excitement and he thought to himself, "could this be really happening" . He rushed to a less denser area only to realise that he was right, finally, there was a plane in sight. He ran relentlessly to the highest peak of the island and started waving and shouting with all his might, in hopes that the plane would spot him in this bright light !

Suddenly the gloomy clouds took over the skies again and as the plane became distant, he felt like his only hope went down the drain! He rushed to his hut as there was thunder and rain, only to find out that the hut that he had build with so much effort, which had his food stock, was struck by lightning and was in flames ! He cried oh so loud, pleaded to god, "why me, what did I do, how will I survive", but all in vain !

Like the brightness in the eyes of a child with a new toy , his eyes lit up too, as he saw a ship at a distance coming towards the island. He was surprised and shocked and started screaming for help again ! The crew came, help finally arrived, he was in tears and hopped onto the ship that saved his life ! After gulping a heavy meal and a piece of his favourite cake, he asked the crew members, " how did you find me in this heavy rain?" To which they replied, " we saw your smoke signal sir". He was surprised by the irony, the hut that got struck by lightning and was on fire, released smoke which became an SOS signal that eventually helped him get rescued. Funny how life takes turns isn't it ?

MORAL OF THE STORY: NO MATTER HOW DIFFICULT THE SITUATION GETS, ONE SHOULD NEVER LOOSE HOPE AND SHOULD PERSEVERE, BECAUSE THE UNIVERSE ALWAYS HAS SOMETHING BETTER PLANNED FOR YOU!

From Editor's Desk

You Can Make Anything By Writing...



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Writing gives a student the opportunity to explore his/her creative side. Writing skills help students create original song lyrics, express their feelings through poetry, write letters, develop fictional story plots, create interesting characters, communicate with friends and family, and express their inner thoughts. Students often find personal satisfaction in their ability to communicate clearly and effectively using the written word. Writing provides a vehicle for expression and communication. No matter the age or grade level of students, diligent writing practice will boost both their skill and comfort level with revealing and relating their own thoughts and

feelings. Daily writing encourages a creative flow that can help students use their imaginations, explore possibilities, delve into problem solving, and engage in storytelling. In addition to "serious" writing assignments which are reviewed and graded, it is important to assign "free" or "creative" writing time, so that students can explore vocabulary, concepts, and writing styles that they wouldn't risk in a formal essay or heavily graded assignment. We should encourage our children for writing.